

SAFE BODIES SAFE MINDS

CONFERENCE

27 July 2022 - Tailrace Centre, Launceston

An initiative funded by the
WorkCover Tasmania Board
delivered by WorkSafe Tasmania



Wednesday 27 July 2022

Time			
09:00	Registration desk opens Arrival tea & coffee Tailrace foyer		
09:30 – 9:45	Welcome & Opening <i>Jane Longhurst MC</i> Welcome to Country		
9:45 – 10:30	Dr Amy Imms Workplace burnout: Prevent, detect, manage		
10:30 – 11:15	Michael Weston Head above water		
11:15 – 11:30	Stop and Stretch WorkSafe Tasmania Advisory Service		
11:30 – 12:00	Morning Refreshments		
12:00 – 12:30	Concurrent #1 Mental Health and Wellbeing 1.1 The burden of toxic people: Understanding the impact of workplace bullying on workplace culture and productivity Fiona Girkin, Little Things Consulting	Concurrent #2 Work Health and Safety 2.1 Protecting the Worker in Labour Hire Supply Chains Dianne Gibert, Certex International	Concurrent #3 Worker's compensation and return to work 3.1 MSK Injury within the Personal Injury Market John McMahon, Navigator Group, Marc McLennan, CGU Workers Compensation
12:30 – 13:00	1.2 Occupational Burnout. Can people recover and if so, how? Proven strategies for bouncing back John Clark, Rural Alive and Well	2.2 Preventing harm to employee mental health through psychosocial risk assessment and control: A case study of ISO 45003 implementation Adam Nebbs, Menzies Institute for Medical Research	3.2 Improving work injury schemes - we have the evidence, our shared challenge is implementation Mary Wyatt, Australian Faculty of Occupational and Environmental Medicine / Royal Australian College of Physicians
13:00 – 13:30	1.3 Promoting mental health through nature-based interventions in the workplace Geeta Shyam, Wolters Kluwer	2.3 Workplace diversity and inclusion Jennie Goringe, Equal Opportunity Tasmania	3.3 Workers compensation: Engage or avoid? Lessons from the middle by Worker Assist Tasmania Myllinda Purtell, Worker Assist

13:30 – 14:15	Lunch
14:15 - 15:00	Katrina Johnston Wellbeing at work: Where to from here?
15:00 - 15:45	Jacqui Cooper A champion attitude
15:45 – 16:00	Conference Close