

# DVD Loan Request Form

## Conditions of borrowing

1. To borrow DVDs you must complete the form below. Please tick the box next to the DVD you wish to borrow.
2. You may borrow a maximum of four DVDs at a time, for a one week period. You can also reserve them if required by a certain date. You may request a loan extension if the DVD is not reserved for another borrower.
3. Borrowers in the Hobart metropolitan area must collect and return DVDs in person or arrange a courier. Country borrowers must return DVDs by Australian Registered Post or Express Mail.
4. You must return all DVDs by the due date. If you fail to do so, your borrowing privileges will be suspended.
5. You will be charged a replacement fee for lost or damaged DVDs. Replacement costs range from \$200–\$400.

## Declaration

I agree to abide by the above conditions and I understand that all the DVDs are subject to the Copyright Act 1968. I undertake not to copy or publicly exhibit for commercial purposes any DVDs borrowed from the Library.

Signature.....Date.....

## Complete this form and return

Name:.....

Business name:.....

Postal address: .....

.....Postcode.....

Business phone:..... Email:.....

- Email to: [wstinfo@justice.tas.gov.au](mailto:wstinfo@justice.tas.gov.au)
- Fax to: 03 6173 0206
- Post to: Library PO Box 56, Rosny Park Tas 7018
- Phone: 1300 366 322

# DVD CATALOGUE

## Accidents and emergencies

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>The cost of accidents</b> <i>DVD063, SGB</i>	2006 12 mins
	Shows that the safety of ourselves and those around us at work, home or leisure ultimately all depends on the decisions that we make. The main message is, before we act, we stop and think for a few seconds about the consequences of our decisions. This film is the World Gold Medal Winner - New York Film Festival 2007	
<input type="checkbox"/>	<b>Principles of accident investigation</b> <i>DVD041, Safetycare</i>	2007 12 mins
	Covers definition of an accident, contributory factors leading to an accident, who should be involved in an investigation, the strategy of the investigation, gathering the facts, interviewing, isolating the key contributory factors, determining corrective action.	
<input type="checkbox"/>	<b>Remember Charlie</b> <i>DVD069, FutureMedia</i>	2000 56 mins
	Portrays the real-life experiences of Charlie, who was seriously injured in an industrial accident at a chemical plant. He explains how he became complacent about safety issues and didn't follow company procedures. He explains the pain of the injury, the excruciating pain through rehabilitation, and the effect of the accident on his family life.	
<input type="checkbox"/>	<b>Spiral to disaster</b> <i>DVD092, BBC</i>	1997 30 mins
	Analyses the Piper Alpha disaster at a North Sea oil platform. Shows how the disaster could have been averted. Covers a wide range of OHS issues.	
<input type="checkbox"/>	<b>Stop and think</b> <i>DVD053, Training Direct</i>	2008 5 mins
	Shows dramatic injury re-enactments in a variety of work settings. Accidents occur due to distractions, being in a hurry or just not paying attention. Warning: has graphic accident footage.	

## Aged Care facilities

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Minimal lift: manual handling for hospital and aged care</b> <i>DVD064, Safety Care</i>	2002 19 mins
	Educates workers about injuries caused by lifting, positioning and transferring residents and/or patients in a hospital or aged care environment.	

## Asbestos

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>About asbestos: what you need to know</b> <i>DVD024, Department of Administrative and Information Services, SA</i>	2006 15 mins
	Gives a general guide to where you might find asbestos products, the dos and don'ts of dealing with asbestos and where to get advice and assistance.	
<input type="checkbox"/>	<b>Asbestos awareness: are you at risk?</b> <i>DVD034, FutureMedia</i>	2000 21 mins
	Introduces the health risks of asbestos. Covers the three forms of asbestos, adverse health effects, where asbestos can be found, hazard communication, personal protection, housekeeping.	
<input type="checkbox"/>	<b>Asbestos: the Wittenoom tragedy</b> <i>DVD098, Worksafe WA</i>	2009
	Asbestos mining operations at Wittenoom led to serious health problems for workers at the mine and residents in the town, as well as those transporting the raw asbestos in trucks and ships, workers producing asbestos products, and those installing, using and removing asbestos.	

## Back Care

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Back protection: defending your safety zone</b> <i>DVD021, FutureMedia</i>	2005 22 mins
	Shows how to prevent injury and repetitive stress by learning how the back works. Includes safe lifting, posture and exercises. Designated for a wide range of applications and work environments.	

## Bullying

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Consequences of bullying</b> <i>DVD009, Videotrain</i>	2004 20 mins
	Looks at recognising bullying behaviour. Shows some of the possible consequences of this kind of behaviour, and the right and wrong ways to approach and deal with the problem.	
<input type="checkbox"/>	<b>Defining bullying in the workplace</b> <i>DVD052, VEA</i>	2006 26 mins
	Uses dramatised scenes and interviews with a variety of industry experts to demonstrate some of the many forms of workplace bullying. Offers a sound framework to help understand the nature, causes and effects of workplace bullying.	

# DVD CATALOGUE

- Harassment – keeping it out of the workplace** 1999  
18 mins  
*DVD036*  
Highlights the most common forms of workplace harassment. Suggests ways of reducing its occurrence. Deals with email and internet harassment.

## Chemical safety

- | Request                  | Name   | Year/Length (mins) |
|--------------------------|--|--------------------|
| <input type="checkbox"/> | <b>Chemical safety</b><br><i>DVD087, Safetycare</i>          | 2012<br>15 mins    |
| <input type="checkbox"/> | <b>Signposts for health and safety</b><br><i>DVD001, HSE</i> | 2008<br>5 hr       |
| <input type="checkbox"/> | <b>Solvents</b><br><i>DVD051, Safetycare</i>                 | 2008<br>7 mins     |
- Includes details on chemical entry into the body, fire and explosion, control measures including elimination, substitution, isolation, ventilation and monitoring of contaminant levels, personal hygiene, good housekeeping and the wearing of appropriate personnel protective equipment, storage and transportation of chemicals.
- Consists of 10 x 30 minute films which were originally broadcast on BBC2 as 10 half-hour programmes. A variety of small businesses show how they have successfully dealt with health and safety issues. Episode 1 - Getting started – Noise. Episode 2 - Manual handling. Episode 3 - Risk assessments – Electricity. Episode 4 - Fire and Explosions. Episode 5 – Chemicals. Episode 6 - Good health is good business - Slips, trips and falls. Episode 7 - First aid and accident reporting – Transport. Episode 8 - Safety and the public - Office safety. Episode 9 - Training and consultants - Building work. Episode 10 – Manufacturing.
- Introduces solvents and covers the physical characteristics of organic solvents, potential health issues associated with the use of solvents, management of solvents in the workplace and personal protective equipment.

## Computers

- | Request                  | Name   | Year/Length (mins) |
|--------------------------|--|--------------------|
| <input type="checkbox"/> | <b>Using computers safely</b> <i>DVD014, Video Education Australasia</i> | 2005<br>25 mins    |
- Demonstrates healthy ways to use computers, including laptops. Shows exercises that can help prevent health problems developing.

## Confined spaces

- | Request                  | Name   | Year/Length (mins) |
|--------------------------|--|--------------------|
| <input type="checkbox"/> | <b>Confined space communication &amp; awareness</b><br><i>DVD066, Vocam</i>  | 2006<br>21 mins    |
| <input type="checkbox"/> | <b>Confined space entry: inside manoeuvres</b><br><i>DVD054, FutureMedia</i> | 2002<br>28 mins    |
- Covers confined space atmosphere, risk assessment, communication, atmosphere testing, equipment and safeguards, permit system.
- Introduces employees to the hazards and requirements of working in a confined space. It covers the various hazards found in confined spaces, the process of hazard identification and risk assessment, atmospheric testing, personal protective equipment, the content of the entry permit, and the duties of each member of the confined space entry team, including communication, rescue and emergency services.

## Conflict management

- | Request                  | Name  | Year/Length (mins) |
|--------------------------|---|--------------------|
| <input type="checkbox"/> | <b>Dealing with difficult behaviour</b><br><i>DVD038, Channel 1</i> | 1996<br>15 mins    |
| <input type="checkbox"/> | <b>Managing conflict positively</b><br><i>DVD025, Videotrain</i>    | 2006<br>17 mins    |
- Demonstrates several ways to handle difficult behaviour, including how to face conflict rather than avoiding it, self-control techniques, practical problem solving, how to reduce stress, and how to reduce the level of intimidation from bullies and antagonistic types.
- Gives an understanding of the steps involved in resolving conflict, and how these steps can be applied to give positive outcomes for those involved.

## Construction industry

- | Request                  | Name   | Year/Length (mins) |
|--------------------------|--|--------------------|
| <input type="checkbox"/> | <b>Building site accident prevention</b><br><i>DVD020, Vocam</i>     | 2005<br>14 mins    |
| <input type="checkbox"/> | <b>Construction: fundamentals for safety</b><br><i>DVD045, Vocam</i> | 2007<br>22 mins    |
- Examines the main hazards that lead to deaths and injury in the building and construction industry: falls, mobile plant accidents and electrocution.
- Covers risk assessment, knowing your workplace, electricity, fire, housekeeping, working at height, excavations.  
Warning: has graphic accident footage.

# DVD CATALOGUE

**Construction safety essentials** 1999  
DVD022, Vocam 23 mins

Examines essentials of construction safety, including housekeeping, working at height, excavating, working in the elements, and manual handling.

**The cost of accidents** 2006  
DVD063, SGB 12 mins

Shows that the safety of ourselves and those around us at work, home or leisure ultimately all depends on the decisions that we make. The main message is, before we act, we stop and think for a few seconds about the consequences of our decisions. This film is the World

Gold Medal Winner - New York Film Festival 2007

**In the real world** 2007  
DVD062, SGB 14 mins

Shows how decisions that are made can affect safety. These decisions are influenced by real or imagined pressures of the job. Urges viewers to stop and think, resist pressure, avoid shortcuts.

**Personal fall protection: one step beyond** 2005  
DVD017, FutureMedia 13 mins

Deals with equipment anchorage, tie off and use. Looks at body belts and harnesses.

**Work health and safety: managing the risk of falls at workplaces** 2012  
DVD099, Worksafe WA 13 mins

Falling from one level to another is a major workplace hazard and is the most common cause of death from traumatic injuries in construction. Fall hazards occur in all industries and most fatalities occur from a relatively low height. It is vital to secure the health and safety of workers by undertaking adequate risk management.

**Christinaki** 1998  
DVD097, BBC 30 mins

The Christinaki looks at the loss of this 26,000-ton ship in the Atlantic, and highlights the problem of who takes responsibility for maintaining the sea-worthiness of merchant shipping.

**A cut price tragedy** 1997  
DVD095, BBC 30 mins

Investigates the unfortunate plunge into the Florida Everglades of the Valuejet DC-9 flight in 1996. The FAA found that poor airline maintenance and outsourcing of vital services were the causes of the death of everyone on board the fateful flight.

**Deadly metal** 1997  
DVD089, BBC 30 mins

A radiotherapy machine was mistakenly sold to a scrap yard. More radioactive material was released than the Three Mile Island disaster.

**Goiana incident** 1997  
DVD093, BBC 30 mins

Two thieves broke into a disused clinic in Brazil and sold parts from a machine which was contaminated with caesium-137.

**The Severn tunnel** 1999  
DVD090, BBC 30 mins

In 1991 two trains carrying nearly 300 people collided in the Severn Tunnel. It took two hours for rescue teams to respond.

**Spiral to disaster (Piper Alpha)** 1997  
DVD092, BBC 30 mins

Analyses the Piper Alpha disaster at a North Sea oil platform. Shows how the disaster could have been averted. Covers a wide range of OHS issues.

**Windscale fire** 1999  
DVD091, BBC 30 mins

Covers Britain's first nuclear emergency. It covers the health and safety training and emergency procedures used at that time.

## Disasters

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>The Channel Tunnel fire</b> DVD096, BBC	1997 30 mins
	In 1996, the Eurotunnel Shuttle caught fire which spread throughout its carriages, but poor management resulted in 34 people being entrapped for six hours, as 450 firefighters battled with dense toxic smoke to save their lives.	
<input type="checkbox"/>	<b>Chemical scythe</b> DVD094, BBC	1997 30 mins
	Follows the investigations into the link between organophosphate chemicals used for sheep dipping and nerve gas.	

## Driver fatigue

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Driver fatigue management</b> DVD050, Vocam	2008 18 mins
	By understanding the principles of fatigue management, drivers can significantly reduce the chance of falling asleep on the job. Covers causes of fatigue, fatigue and performance, case studies, the body clock, fatigue management, health management. Warning: has graphic accident footage.	

## DVD CATALOGUE

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>OHS duty of care in the workplace</b> <i>DVD060, VEA</i>	2000 14 mins
	Illustrates essential OHS issues using the strategies and skills that animals and birds have developed to increase their chances of survival in the wild. Management has a duty of care to their workers to minimise and control hazards and risks in the work environment.	

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Understanding eye safety at work</b> <i>DVD027, 18 mins</i>	2006 18 mins
	Covers all aspects of eye safety. Includes six interactive case studies re-creating the most common types of eye injuries at work. Covers personal protective equipment, emergency response, the hierarchy of control.	

### Electrical safety

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Don't work live</b> <i>DVD074, EnergySafe</i>	2010 20 mins
	Features an interview with young A grade electrician 'Damian' who suffered horrific injuries when one slip from a screwdriver resulted in a switchboard explosion.	
<input type="checkbox"/>	<b>Electrical safety essentials</b> <i>DVD067, Vocam</i>	2009 24 mins
	Provides trainees with the fundamental concepts of electrical power. Covers electricity and the human body, general principles, electrical equipment, electrical hazards, working with electricity, protection, isolation and testing, overhead, underground and hidden electricity.	
<input type="checkbox"/>	<b>Signposts for health and safety</b> <i>DVD001, HSE</i>	2008 5 hr
	Consists of 10 x 30 minute films which were originally broadcast on BBC2 as 10 half-hour programmes. A variety of small businesses show how they have successfully dealt with health and safety issues. Episode 1 - Getting started – Noise. Episode 2 - Manual handling. Episode 3 - Risk assessments – Electricity. Episode 4 - Fire and Explosions. Episode 5 – Chemicals. Episode 6 - Good health is good business - Slips, trips and falls. Episode 7 - First aid and accident reporting – Transport. Episode 8 - Safety and the public - Office safety. Episode 9 - Training and consultants - Building work. Episode 10 – Manufacturing.	

### Ergonomics

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Using computers safely</b> <i>DVD014, Video Education Australasia</i>	2005 25 mins
	Demonstrates healthy ways to use computers, including laptops. Shows exercises that can help prevent health problems developing.	

### Farm safety

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Vehicle safety on farms – films to improve safety on the farm</b> <i>DVD086, HSE UK</i>	2007 86 mins
	Consists of the following farm safety films: Riding for a fall – emphasizes the need for training to ensure safe driving of ATVs. A ridge too far – is a useful reminder of ATV safety procedures. Fatal traction – highlights the dangers and gives advice to agriculture and forestry workers on how to avoid them. Includes graphic reconstructions of fatal accidents Tractor action – describes safe working practices for tractor operation Safe driving on slopes – informs on the dangers of driving farm vehicles on slopes	

### Fire safety

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Building and office evacuation</b> <i>DVD080, Safetycare</i>	2011 10 mins
	Looks at how all workplaces should have a tried and tested evacuation plan, regardless of their size, type of building or the number of workers.	
<input type="checkbox"/>	<b>Fire safety for industry</b> <i>DVD008, Vocam</i>	2004 22 mins
	Discusses the nature of fire, risk assessment, common fire hazards, facing the fire, extinguishing the fire, fire wardens, and evacuation.	
<input type="checkbox"/>	<b>Signposts for health and safety</b> <i>DVD001, HSE</i>	2008 5hrs
	Consists of 10 x 30 minute films which were originally broadcast on BBC2 as 10 half-hour programmes. A variety of small businesses show how they have successfully dealt with health and safety issues. Episode 1 - Getting started – Noise. Episode 2 - Manual handling. Episode 3 - Risk assessments – Electricity. Episode 4 - Fire and Explosions. Episode 5 – Chemicals. Episode 6 - Good health is good business - Slips, trips and falls. Episode 7 - First aid and accident reporting – Transport. Episode 8 - Safety and the public - Office safety. Episode 9 - Training and consultants - Building work. Episode 10 – Manufacturing.	



# DVD CATALOGUE

## Forklifts

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Forklift safety essentials</b> <i>DVD043, Vocam</i>	2007 26 mins
	Covers checking for safety, the operating environment, forklift attachments, refuelling and recharging, travelling and traffic controls, lifting and moving loads, parking. Warning: includes graphic accident footage.	
<input type="checkbox"/>	<b>Forklift stability essentials</b> <i>DVD016, Vocam</i>	2005 18 mins
	Looks at the stability triangle, longitudinal stability, lateral stability, load capacity, dynamic stability, operating environment and forklift tip over procedures.	
<input type="checkbox"/>	<b>Order picking forklift</b> <i>DVD018, Leiver</i>	2005 17 mins
	Covers the functions required to operate an order picking forklift truck. These include safe operation, recharging, wire guidance, as well as conducting routine checks, plan work, checking controls and equipment, shutting down equipment.	

## Gases

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Gas and cylinder safety</b> <i>DVD088, Safetycare</i>	2012 15 mins
	Looks at types of gases, hazards associated with gases, things to do before using a gas cylinder, safe storage and handling, transportation and emergency procedures.	

## Hairdressing

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Hairdressing safety essentials</b> <i>DVD026, Leiver</i>	2006 30 mins
	Deals with personal health and safety at work. Includes chemical safety, hairdressing equipment safety, personal hygiene, correct posture, maintaining tools and equipment.	

## Harassment

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Consequences of bullying</b> <i>DVD009, Videotrain</i>	2004 20 mins
	Looks at recognising bullying behaviour. Shows some of the possible consequences of this kind of behaviour, and the right and wrong ways to approach and deal with the problem.	

<input type="checkbox"/>	<b>Defining bullying in the workplace</b> <i>DVD052, VEA</i>	2006 26 mins
	Uses dramatised scenes and interviews with a variety of industry experts to demonstrate some of the many forms of workplace bullying. Offers a sound framework to help understand the nature, causes and effects of workplace bullying.	

<input type="checkbox"/>	<b>Harassment – keeping it out of the workplace</b> <i>DVD036, Training Direct</i>	1999 18 mins
	Highlights the most common forms of workplace harassment. Suggests ways of reducing its occurrence. Deals with email and internet harassment	

## Hazard identification

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Risk management: safety essentials</b> <i>DVD065, Vocam</i>	2009 16 mins
	Covers what is risk management, understanding hazards and risks and the five steps to risk assessment. The five steps are: identify the hazards, decide who might be harmed and how, evaluate the risks and decide on precautions, record findings and implement them and review and update the assessment.	

## Hazardous substances

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Hazardous substances safety essentials</b> <i>DVD028, Vocam</i>	2006 23 mins
	Covers identifying hazardous substances, common hazards, the hierarchy of control, personal protective equipment, storage and disposal.	
<input type="checkbox"/>	<b>The Hazchem Code</b> <i>DVD015, Safetycare</i>	2003 20 mins
	Explains the Hazchem Code for workers required to work with hazardous chemicals. Explains where Hazchem codes are to be found, what they mean, how they are determined and calculated, and the role they play in reducing chemical accidents.	
<input type="checkbox"/>	<b>Material Safety Data Sheets</b> <i>DVD047, Safetycare</i>	2002 19 mins
	Covers the basic layout of Material Safety Data Sheets, why MSDSs are commonly used, a breakdown on the most important safety related sections found in most MSDSs, including: hazard identification, exposure controls and personal protection, physical and chemical properties, toxicological information and important terms used in MSDSs.	

# DVD CATALOGUE

- Work health and safety: hazardous substances risk assessment** 2011  
15 mins  
*DVD078, Worksafe WA*  
Shows how to identify hazardous substances, assess the risk of injury or harm, and control the risk.

## Health and safety committees

- | Request                  | Name  | Year/Length (mins) |
|--------------------------|---|--------------------|
| <input type="checkbox"/> | <b>Towards more effective OHS committees and meetings</b><br><i>DVD061, Channel 1</i><br>Covers the benefits of consultation, the ideal make-up of a committee, the purpose of the OHS committee, how to run a successful meeting, the agenda, time management, what makes an effective committee, how to be an effective member. | 2009<br>11 mins    |

## Health and wellbeing

- | Request                  | Name   | Year/Length (mins) |
|--------------------------|--|--------------------|
| <input type="checkbox"/> | <b>10 healthy work habits</b><br><i>DVD071, Training Pointnet</i><br>Offers practical strategies for being healthy at work: exercise, eating well, healthy thinking, overcome computer fatigue, learn to manage conflict, have your say, leave work at work.   | 2010<br>18 mins    |
| <input type="checkbox"/> | <b>Achieve a healthy lifestyle</b><br><i>DVD085, VEA</i><br>Investigates three main aspects of health: physical, psychological and social. Also discusses physical activity, healthy food choice and appropriate decision making with regard to drug use and risk taking situations.   | 2010<br>25 mins    |
| <input type="checkbox"/> | <b>Wellness at work</b><br><i>DVD032, Training Direct</i><br>Unlocks the secrets of being happy and healthy at work. Highlights that no matter what industry you work in, the worker is every organization's most valuable asset. Demonstrates the "four Es" – exercise, eat right, eliminate stress, enjoy your job – and gives practical and achievable tips to become fitter and healthier. | 2006<br>16 mins    |

## Heat stress

- | Request                  | Name   | Year/Length (mins) |
|--------------------------|--|--------------------|
| <input type="checkbox"/> | <b>Heat hazards</b><br><i>DVD019, Safetycare</i><br>Increases awareness of heat hazards in the workplace. Identifies specific heat related hazards. Examines a range of engineering and administrative controls and individual behaviours that can reduce the risk of heat related illnesses and injuries. | 2005<br>17 mins    |

## Hospitality industry

- | Request                  | Name  | Year/Length (mins) |
|--------------------------|---|--------------------|
| <input type="checkbox"/> | <b>Avoid that hazard: equipment safety in the kitchen</b><br><i>DVD039, VEA</i><br>Hazards in the kitchen come in all shapes and sizes, from knives and hot oil, to pressure cookers, refrigerators, cookers and microwaves. It's important to identify potential dangers and avoid them.   | 2000<br>20 mins    |
| <input type="checkbox"/> | <b>If only I'd – health, safety and security procedures in the hospitality and tourism industries</b><br><i>DVD040, VEA</i><br>Covers the competencies relating to workplace procedures in health, safety and security, including following employers' legal requirements, reporting breaches of health, safety and security, and reporting suspicious behaviour. | 2002<br>22 mins    |

## Hospitals

- | Request                  | Name  | Year/Length (mins) |
|--------------------------|---|--------------------|
| <input type="checkbox"/> | <b>Minimal lift : manual handling for hospital and aged care</b><br><i>DVD064, Channel 1</i><br>Educates workers about injuries caused by lifting, positioning and transferring residents and/or patients in a hospital or aged care environment. | 2006<br>12 mins    |

## Infections diseases

- | Request                  | Name  | Year/Length (mins) |
|--------------------------|---|--------------------|
| <input type="checkbox"/> | <b>Bloodborne pathogens in the workplace</b><br><i>DVD081, Safetycare</i><br>Covers a definition of bloodborne pathogens, hepatitis C, hepatitis B; HIV/AIDS, how infection occurs, control of hazards, clean up of blood and body fluid spills, use of gloves and hand washing, and what to do if you have been exposed. | 2010<br>15 mins    |

# DVD CATALOGUE

## Lockout/tagout procedures

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Lock out tag out: machinery and equipment isolation for food manufacturing operators</b> <i>DVD068, Worksafe Victoria</i> Provides employers with a tool to run isolation procedures. Injuries in the food manufacturing industry occur not only during normal production and operation, but especially during maintenance, repair, installation, servicing and cleaning equipment.	2008 26 mins

## Material Safety Data Sheets

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Material Safety Data Sheets</b> <i>DVD047, Safetycare</i> Covers the basic layout of Material Safety Data Sheets, why MSDSs are commonly used, a breakdown on the most important safety related sections found in most MSDSs, including: hazard identification, exposure controls and personal protection, physical and chemical properties, toxicological information and important terms used in MSDSs	2002 19 mins

## Manual handling

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Lifting and carrying</b> <i>DVD003, Safetycare</i> Discusses anatomy and physiology of the neck and back, types of injuries, steps to safe lifting, team lifting and physical characteristics of loads.	2003 11 mins
<input type="checkbox"/>	<b>Manual handling</b> <i>DVD012, Safetycare</i> Covers all aspects of manual handling and gives a good overview of risks and ways to prevent injuries.	2000 10 mins
<input type="checkbox"/>	<b>Manual handling for industry: the new approach</b> <i>DVD006, Vocam</i> Covers musculoskeletal disorders (MSD), risk analysis, correct lifting procedures, back exercises, back structure, manual handling techniques.	2002 21 mins
<input type="checkbox"/>	<b>Minimal lift: manual handling for hospital and aged care</b> <i>DVD064, Channel 1</i> Educates workers about injuries caused by lifting, positioning and transferring residents and/or patients in a hospital or aged care environment.	2006 12 min
<input type="checkbox"/>	<b>Office manual handling: the new approach</b> <i>DVD007, Vocam</i> Explains back structure and musculoskeletal disorders (MSD). Covers methods for identifying, assessing and controlling manual handling risks related to MSD. Uses case studies with solutions applicable to typical manual handling problems to illustrate correct manual handling procedures.	2002 17 mins
<input type="checkbox"/>	<b>Retail manual handling</b> <i>DVD044, Vocam</i> Covers the spine, muscular skeletal disorders, workplace hazards, risk assessment, manual handling techniques, back exercises.	2007 20 mins
<input type="checkbox"/>	<b>Work health and safety: manual tasks, risk assessment</b> <i>DVD079, Worksafe WA</i> Shows how to identify hazardous manual tasks, assess risks arising from hazardous	2011 15 mins

## Noise

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Noise and hearing conservation</b> <i>DVD035, Safetycare</i> Deals with noise	2003 11 mins



## DVD CATALOGUE

hearing loss in industrial workplaces. Looks at the causes of industrial deafness and suggests effective ways to overcome them and make noisy workplaces safer. Suitable for employers and employees.

1999  
15 mins

### Signposts for health and safety

*DVD001, HSE*

Consists of 10 x 30 minute films which were originally broadcast on BBC2 as 10 half-hour programmes. A variety of small businesses show how they have successfully dealt with health and safety issues. Episode 1 - Getting started – Noise. Episode 2 - Manual handling. Episode 3 - Risk assessments – Electricity. Episode 4 - Fire and Explosions. Episode 5 – Chemicals. Episode 6 - Good health is good business - Slips, trips and falls. Episode 7 - First aid and accident reporting – Transport. Episode 8 - Safety and the public - Office safety. Episode 9 - Training and consultants - Building work. Episode 10 – Manufacturing.

2008  
5 hrs



Request Name

### Office manual handling: the new approach

*DVD007, Vocam*

Explains back structure and musculoskeletal disorders (MSD). Covers methods for identifying, assessing and controlling manual handling risks related to MSD. Uses case studies with solutions applicable to typical manual handling problems to illustrate correct manual handling procedures.

Year/Length (mins)  
2002  
17 mins



# DVD CATALOGUE

**Signposts for health and safety** 2008  
 DVD001, HSE 5 hrs  
 Consists of 10 x 30 minute films which were originally broadcast on BBC2 as 10 half-hour programmes. A variety of small businesses show how they have successfully dealt with health and safety issues. Episode 1 - Getting started – Noise. Episode 2 - Manual handling. Episode 3 - Risk assessments – Electricity. Episode 4 - Fire and Explosions. Episode 5 – Chemicals. Episode 6 - Good health is good business - Slips, trips and falls. Episode 7 - First aid and accident reporting – Transport. Episode 8 - Safety and the public - Office safety. Episode 9 - Training and consultants - Building work. Episode 10 – Manufacturing.

**Understanding safety in the office** 2004  
 DVD011, Vocam 20 mins  
 Covers office housekeeping, your workstation, safety around the office, manual handling, emergency response, office security, and aggression response.

**Using computers safely** DVD014, Video 2005  
 Education Australasia Demonstrates healthy 25 mins  
 ways to use computers, including laptops. Shows exercises that can help prevent health problems developing.

## Personal protective equipment

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Personal protective equipment</b> DVD004, Safetycare	1994 19 mins
	Looks at the use of personal protective equipment and examines in detail the use of head, eye and hearing protection.	
<input type="checkbox"/>	<b>PPE essentials</b> DVD042, Vocam	2007 24 mins
	Looks at types of PPE from A to Z, risk control, maintenance and storage. Warning: includes graphic accident footage.	

## Professional development

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>How to develop your people</b> DVD073, Training Pointnet	2010 13 mins
	Psychologist Eve Ash provides useful guidelines for developing people and outlines practical tips, classic mistakes and the four key steps: determine training needs, choose learning strategy, implement strategy and evaluate training and development.	
<input type="checkbox"/>	<b>Making teams work brilliantly</b> DVD072, Training Pointnet	2010 13 mins
	eals with team leaders providing a clear direction, facilitating open communication, providing appropriate leadership, developing co-operation.	

## Retail industry

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Retail manual handling</b> DVD044, Vocam	2007 20 mins
	Covers the spine, muscular skeletal disorders, workplace hazards, risk assessment, manual handling techniques, back exercises	

## Risk management

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Risk management: safety essentials</b> DVD065, Vocam	2009 16 mins
	Covers what is risk management, understanding hazards and risks and the five steps to risk assessment. The five steps are: identify the hazards, decide who might be harmed and how, evaluate the risks and decide on precautions, record findings and implement them and review and update the assessment.	

## Safe work practices

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>The 10 commandments of workplace safety</b> DVD058, FutureMedia	2009 11 mins
	The 10 commandments of workplace safety are: everyone is responsible for their own safety and the safety of others, all accidents are preventable, follow company rules and procedures, assess the risks, be proactive about safety, if you are not trained don't do it, manual handling, don't take shortcuts, practice good housekeeping, be prepared.	
<input type="checkbox"/>	<b>Attitude ... think about it</b> DVD031, Safety Image	1996 21 mins
	Emphasises a good attitude to workplace safety. Reinforces good safety behaviour.	
<input type="checkbox"/>	<b>Good housekeeping for industry</b> DVD046, Training Direct	2008 7 mins
	Deals with keeping the workplace clean and tidy, slips, trips and falls, storage areas, equipment maintenance.	
<input type="checkbox"/>	<b>I choose to look the other way</b> DVD010, Training Direct	2004 10 mins
	Tells the story of a worker who failed to speak up when witnessing an unsafe act. While choosing to 'look the other way', he contributed to the needless death of a co-worker. Shows how to speak up about unsafe acts.	
<input type="checkbox"/>	<b>It's up to me</b> DVD023, Training Direct	2006 10 mins
	Through several injury scenarios, viewers will see both the right way and the wrong way to respond to unsafe situations.	

# DVD CATALOGUE

- |                          |  |                         |
|--------------------------|--|-------------------------|
| <input type="checkbox"/> | <p><b>Signposts for health and safety</b><br/> <i>DVD001, HSE</i></p> <p>Consists of 10 x 30 minute films which were originally broadcast on BBC2 as 10 half-hour programmes. A variety of small businesses show how they have successfully dealt with health and safety issues. Episode 1 - Getting started – Noise. Episode 2 - Manual handling. Episode 3 - Risk assessments – Electricity. Episode 4 - Fire and Explosions. Episode 5 – Chemicals. Episode 6 - Good health is good business - Slips, trips and falls. Episode 7 - First aid and accident reporting – Transport. Episode 8 - Safety and the public - Office safety. Episode 9 - Training and consultants - Building work. Episode 10 – Manufacturing.</p> | <p>2008<br/>5 hrs</p>   |
| <input type="checkbox"/> | <p><b>Stop and think</b><br/> <i>DVD053, Training Direct</i></p> <p>Shows dramatic injury re-enactments in a variety of work settings. Accidents occur due to distractions, being in a hurry or just not paying attention. Warning: has graphic footage</p>  | <p>2008<br/>5 mins</p>  |
| <input type="checkbox"/> | <p><b>Understanding safety at work</b><br/> <i>DVD013, Vocam</i></p> <p>Looks at risk assessment slips, trips and falls, electrical hazards, personal protective equipment, manual handling, confined spaces, housekeeping, hazardous substances, noise, fire, and outdoor work.</p>   | <p>2005<br/>24 mins</p> |
| <input type="checkbox"/> | <p><b>Understanding safety awareness</b><br/> <i>DVD076, Safetycare</i></p> <p>Aimed at all workers. Can be used as a general safety training program and as an induction program to introduce safety concepts to new workers. Covers what an incident is and why incidents occur; recognising, evaluating and controlling hazards; good housekeeping practices; and general safety requirements.</p>  | <p>2011<br/>13 mins</p> |
| <input type="checkbox"/> | <p><b>Unsafe acts</b><br/> <i>DVD002, Safetycare</i></p> <p>Examines the following issues in order to reduce accidents: workplace design and layout, appropriate guards and interlocks, safe work procedures, personal protective equipment and appropriate signage and labelling. Considers the causes and factors that lead to unsafe acts in the workplace.</p>   | <p>2002<br/>15 mins</p> |

## Safety management

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<p><b>A safe workplace for all</b>  <i>DVD055, FutureMedia</i></p> <p>Video 1 - In Brian's first day at work, an accident happens and he is seriously injured. An accident affects the victim and family both physically and emotionally. Further, there is a financial cost to them, the organisation, and the entire nation.</p> <p>Video 2 - Aimed at managers and supervisors, it explores risk management programs, the wider responsibilities including the concept of health and well-being, the managerial, physical and behavioural OHS systems.</p>	<p>2004 30 mins</p>

## Shift work

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<p><b>Shiftwork safety essentials</b>  <i>DVD030, Vocam</i></p> <p>Outlines the steps to take to reduce the safety risks of fatigue while on the job and decrease the risk of costly lost time incidents. Covers causes of fatigue, fatigue and performance, your body clock, fatigue management, health management, family and social life.</p>	<p>2007 18 mins</p>

## Slips, trips and falls

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<p><b>Personal fall protection: one step beyond</b>  <i>DVD017, FutureMedia</i></p> <p>Deals with equipment anchorage, tie off and use. Looks at body belts and harnesses.</p>	<p>2005 13 min</p>
<input type="checkbox"/>	<p><b>Work health and safety: managing the risk of falls at workplaces</b>  <i>DVD099, Worksafe WA</i></p> <p>Falling from one level to another is a major workplace hazard and is the most common cause of death from traumatic injuries in construction. Fall hazards occur in all industries and most fatalities occur from a relatively low height. It is vital to secure the health and safety of workers by undertaking adequate risk management.</p>	<p>2012 13 mins</p>

## Stress (Psychological)

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<p><b>15 ways to handle today's stress</b>  <i>DVD101, Training Point</i></p> <p>Helps you to handle today's stress by using simple steps such as control only what you can control, reduce caffeine and stimulants, learn relaxation techniques, keep things in perspective, don't dwell on things, regular exercise, set priorities, forgive others, develop communication skills, use visualisation.</p>	<p>2007 15 mins</p>

# DVD CATALOGUE

- Getting to grips with stress at work: personal accounts and business solutions** 2010  
45 mins

*DVD102, HSE*

Shows what employers and employees can do to reduce the levels and tackle the causes of stress at work. Includes a number of personal case studies which are based on real life stories and also includes cases which show how employers have dealt with work-related stress in their organisation.

- Living with stress** 2006  
30 mins

*DVD005, Training Direct*

Aims to make sense of stress in a way that is easy to understand and deal with. You will be inspired to challenge your habits of thought and actions to choose new ways of living with stress. A special feature is a simple prescription for good health to better withstand stress, recover from it quicker and have more energy.

## Substance abuse

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Drug and alcohol awareness</b> <i>DVD082, Vocam</i>	2011 20 mins
	Topics covered in this programme: alcohol, pharmaceuticals and herbal preparations, illicit drugs, workplace policies.	

## Tools

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Hand tools: safety techniques</b> <i>DVD102, Safetycare</i>	2012 16 mins
	Shows techniques and safe work practices relating to a wide range of basic hand tools including: spanners, wrenches, screwdrivers, pliers hammers, hacksaws.	

## Warehouses

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Warehousing and storage safety essentials</b> <i>DVD070, Vocam</i>	2010 24 mins
	Covers workplace safety, forklifts, traffic and pedestrians, loading docks, fire safety, slips and trips, working at height, safe storage, manual tasks and ergonomics. Warning: has graphic accident footage.	

## Work at heights

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>EWP safety essentials</b> <i>DVD077, Vocam</i>	2011 23 mins
	Highlights the key issues governing the safe use of elevating work platforms. Includes a real life news story covering an elevated work platform incident.	
<input type="checkbox"/>	<b>Height safety essentials</b> <i>DVD033, Vocam</i>	2006 21 mins
	Explains how the consequences of poor height safety practices can result in serious injuries and even death – even a fall from a small height can result in serious consequences, decrease productivity and increase costs. Includes case studies, risk assessment, scaffolds, fall arrest systems, ladders, elevated work platforms.	
<input type="checkbox"/>	<b>Personal fall protection: one step beyond</b> <i>DVD017, FutureMedia</i>	2005 13 mins
	Deals with equipment anchorage, tie off and use. Looks at body belts and harnesses	
<input type="checkbox"/>	<b>Work health and safety: managing the risk of falls at workplaces</b> <i>DVD099, Worksafe WA</i>	2012 13 mins
	Falling from one level to another is a major workplace hazard and is the most common cause of death from traumatic injuries in construction. Fall hazards occur in all industries and most fatalities occur from a relatively low height. It is vital to secure the health and safety of workers by undertaking adequate risk management.	

## Workplace environment

Request	Name	Year/Length (mins)
<input type="checkbox"/>	<b>Creating a positive work environment</b> <i>DVD029, Videotrain</i>	2006 13 mins
	Looks at simple ways you can go about creating a positive environment in your workplace by establishing clear expectations, open communication, challenges, and respect. It examines how these four elements can lead to the creation of higher morale, enhanced performances, greater productivity, job satisfaction and a stronger, healthier and more positive workforce.	
<input type="checkbox"/>	<b>Wellness at work</b> <i>DVD032, Training Direct</i>	2006 16 mins
	Unlocks the secrets of being happy and healthy at work. Highlights that no matter what industry you work in, the worker is every organization's most valuable asset. Demonstrates the "four Es" – exercise, eat right, eliminate stress, enjoy your job – and gives practical and achievable tips to become fitter and healthier.	

# DVD CATALOGUE

## Young workers

Request	Name	Year/Length (mins)				
<input type="checkbox"/>	<b>Bring a smile to safety training</b> <i>DVD049, HSE</i>	2006 58 mins		<input type="checkbox"/>	<b>New to the job</b> <i>DVD099, Worksafe WA</i>	2005 23 mins
	Shows a series of short animated films featuring the character NAPO coming to terms with health and safety in the workplace. The films should appeal to all workers, especially those who are young or inexperienced, and will help them to understand hazards and how to avoid them.			<input type="checkbox"/>	<b>OHS issues for work experience students</b> <i>DVD048, VEA</i>	2007 24 mins
<input type="checkbox"/>	<b>Lost youth</b> <i>DVD037, Worksafe BC</i>	2003 17 mins		<input type="checkbox"/>	<b>Safety on work experience</b> <i>DVD059, VEA</i>	2000 29 mins
	Michael, Jennifer, John and Nick all speak of losing their youth after suffering serious workplace accidents. Through dramatic recreations of these accidents and one-on-one discussions with the young people and their parents, Lost Youth tells four stories of lives forever altered. In emotional interviews, their parents speak of the need for all parents, employers, workers, and the community to make sure young people know how to be safe on the job. Warning: contains coarse language and graphic scenes.				Helps employers, managers and supervisors introduce young and new workers and apprentices to OHS principles. Provides a basic overview of key concepts.	
					Addresses OHS issues for work experience students and provides ways of ensuring that students are well prepared beforehand, it also provides actual examples to show students what care needs to be taken at different times.	
					Focuses on occupational health and safety issues relating to workplace learning and is invaluable for students about to embark on work placement programmes. Information and strategies are provided on identifying, assessing and minimising workplace risks in five different industries. These include hospitality, retail, engineering, automotive and agriculture.	



[www.workcover.tas.gov.au](http://www.workcover.tas.gov.au)



[www.worksafe.tas.gov.au](http://www.worksafe.tas.gov.au)